

Delve into the architecture of defensive strategies to protect IoT devices from targeted attacks

Mohammed Rajih Mohammed*

University of Al-Qadisiyah, collage of biotechnology, Iraq.Email: mohammed.rajih@qu.edu.iq

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ABSTRACT

The great development in information technology and the Internet of Things is accompanied by several concerns, the most important of which are security vulnerabilities and cyber-attacks that affect the joints of the connection between resources, as old methods are no longer sufficient to reduce security vulnerabilities and protect interconnected systems.

The study aimed to design a strategy that works on defense, combating deception, controlling operating systems, and diversity in the process of operational mobility with a process of updating and evaluating in real time by deploying deceptive nodes and dynamically moving between operating systems of Internet of Things devices and continuously monitoring the attack surface.

This study focuses on the security returns resulting from the designed system, as it adopts a multi-layered security approach to protect Internet of Things networks from complex and targeted threats. This defensive approach is a powerful approach to increase the complexity of attackers and try to stop them and improve the overall resilience of the Internet of Things ecosystem. The effectiveness of the proposed defense-in-depth strategy is evaluated through simulation and performance analysis, which indicates its ability to mitigate various types of attacks while maintaining acceptable overhead.

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1. Introduction

The increasing adoption of the Internet of Things (IoT) in critical sectors such as healthcare, manufacturing and transportation has led to a significant increase in the number of connected devices [1]. While these devices offer improved functionality and convenience, they also have significant security vulnerabilities and IoT landscape expands exponentially and becomes more complete, they become attractive targets for predators. IoT devices transmit sensitive data for as health information, operational metrics, or personal data over the Internet. End-to-end encryption (E2EE) at the device level, such as a series of communication channels, is essential [2].

Redlining is very important to limit cyber propaganda. The concept of isolation signifies the construction of individual microcircuits to create IoT devices or group devices. The access control (RBAC), the multi-facturer authentication (MFA) and the limited privileges principles guarantee that the users of the automated systems can interact with the IoT intelligent devices. Outdated firmware or software is an exploitable vulnerability in IoT

*Corresponding author Mohammed Rajih Mohammed

Email addresses: mohammed.rajih@qu.edu.iq

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devices. Regular updates and security patches are needed to overcome vulnerabilities [3]. Automated update and security mechanisms reduce the possibility of hackers attacking devices without parts. The IoT monitor continues to detect unusual activities or people that may help identify them and mitigate the risks they may cause before they cause major losses. Intrusion detection systems (IDS) and intrusion prevention systems (IPS), along with automatic learning-based anomaly detection tools, can alert administrators about erratic behavior [4].

It is important to build IoT devices and repair the device to remove unnecessary services that attackers may explore, as well as setting security systems and establishing hardware arrangements [3-7]. Additionally, it is important to have cryptographic protocols to mitigate potential risks. It is highly demanded to prioritize Malware, DoS attacks, and physical tampering among which the Internet of Things (IoT) may be subject to security breaches [3]. It is essential to arrange a clear incident response plan that includes detection, removal, and recovery steps to minimizing the impact of a cyber-attack.

The rapid growth of Internet of Things (IoT) devices across industries has exposed serious security issues. These devices are exposed to various risks including distributed denial of service (DDoS) attacks, malware infections, and data breaches [8].

It is insufficient to focus on security issues with a single cover to defend against full attacks from different stages considering complicated connection of IoT devices., Defense-in-depth (DiD) techniques have been applied to stop these threats. Several security methods are included to reduce the risks of targeted attacks [9]. IoT devices, especially those with limited resources such as processing power, memory, and power, are interested in the list and the ability to support advanced security protocols [7, 8, 10].

The IoT Apps (Internet of Things) are especially open to cyber-attacks due to their high reliance on real-time data. This means that any disruption in the availability of red data has the potential to create catastrophic events in critical sectors like healthcare, transportation, and others; an attack on real-time data would have devastating effects [11]. A layered defense-in-depth approach means having multiple security measures in place, all designed to incorporate those that prevent and/or mitigate different forms of attack [12].

Physical access to devices must be restricted, especially for critical systems in healthcare, manufacturing, or smart infrastructure, and dividing the IoT network into parts based on function or security level has isolated compromised devices [13]. Red splitting prevents attackers from easily positioning themselves horizontally between devices. Monitoring red traffic while scanning for unusual customers can help detect attack episodes. Intrusion detection systems (IDS) can identify potential threats, while intrusion prevention systems (IPS) effectively prevent malicious activity [14, 15].

Objectives of the Study

Evaluate the effectiveness of different security layers according to the defense-in-depth strategy in protecting IoT devices from targeted attacks and evaluate the efficiency of each security layer individually and jointly and using statistical tables and performance metrics. for Analyze the results.

Related Work

Multi-layered defense strategies efficiently help enhancing the security of Internet of Things (IoT) devices against targeted attacks [16]. Ensuring comprehensive protection against diverse threats is gained by applying a set of integrated security strategies. This study aims to revise the latest research on multi-layered defense strategies for IoT devices.

It is efficient to introduce diversity and uncertainty into attacks According to Aboelwafa .et al (2020) [17]to initiate mobile attack surfaces for web services. Changing configurations and resources are essential topics to prevent targeted attacks and forces attackers to deal with a high level of uncertainty.

Ahanger .et al (2022) [18] presented an active deception framework to develop environment for adaptive cyber deception. It aims to strengthen defenses against advanced attacks by using dynamic deception techniques.

Ahmad, W., (2022) [19] discusses mobile defense issues using software-defined networks including the use of the technology of random modification of hosts via the OpenFlow network as a mobile. This technology can provide a transparent defense against targeted attacks.

Al-Masri, E. et al (2020) [20] studied random code encryption to immunize targeted attacks. This technology contributes to enhancing application security by hiding and diversifying software configurations.

Additionally, Alyahya, S. (2022) [21] pointed out the importance of improving Internet routing through the principle of Software Defined Networking (SDN). It helps improve traffic management and reduces the risk of targeted attacks.

Furthermore, Applying advanced encryption and anonymity measures mentioned by Bala, B. (2024) [22] who addressed the issue of hiding data flows in 6LoWPAN IoT networks to enhance the security of data transmitted over the network.

In addition, Ben Othman, S., et al (2022) [23] discussed SDN infrastructure protection in IoT networks against Man-in-the-Middle (MitM) attacks where they have proposed ways to prevent network threats targeting communication data.

as Also, proactive defense strategies proposed by Chatterjee, U., and Ray, S. (2022) [24] for the software-defined Internet environment against multi-target attacks are valuable. They focus on improving security considering early detection and rapid response to threats.

Leveraging SDN for Security Deception Liu, Grigoryan, Cho, Y., et al (2022) [25] reviewed how to leverage SDN to improve deception strategies in the Internet of Things. This approach enhances security by using new methods to improve defenses.

Methodology

This methodology defines a multi-layered security approach to protect IoT devices from targeted attacks, combining deception-based deception, moving target defense (MTD) through operating system diversification, and real-time security assessment.

Setting up the network architecture:

The first step in implementing a defense-in-depth strategy is to create an IoT network architecture. This includes determining the network topology and identifying node vulnerabilities.

1. Create an IoT network: The user provides system information, such as the initial network topology and vulnerabilities associated with each node. This data is used to create an end-to-end IoT system model, which includes real nodes, servers, VLANs, and SDN controllers, for demonstration purposes, we assume that the network is designed based on a smart hospital setup, where IoT nodes collect data and transmit it to servers. While medical IoT devices are usually expensive and may not support OS diversity, for this model, all devices are assumed to be OS diversity compatible [26].

Output: The output of this phase is the initial architecture of the IoT network, which forms the basis for deploying security mechanisms in subsequent phases.

Deception-based IoT deployment: To trick attackers and divert their attention from important nodes, rogue nodes are deployed within the network.

2. Deploy the real and fake node: Each real IoT node is paired with a decoy node that mimics the characteristics of the real node but serves no operational purpose beyond deception. These rogue nodes are deployed in Virtual Local Area Networks (VLANs) to lure and mislead attackers, and Nodes are classified based on their attributes: true (*ni.r*), decoy (*ni.d*), resolved (*ni.c*), or critical (*ni.r*). These attributes, along with their associated vulnerabilities, are assigned to each node.

Output: The goal of deploying deception is to mislead attackers, force them to interact with non-critical components of the network, and thus protect core nodes from direct attacks.

Diversifying the operating system through MTD (Moving Target Defense): Operating system (OS) diversification is a proactive security technique within the Moving Target Defense (MTD) framework. By periodically changing the operating system on IoT nodes, the attack surface is dynamically changed, complicating the attacker's efforts [27].

3. Apply OS Diversity: At this stage, the system applies OS Diversification to the IoT nodes, which can be either random or based on node importance. This approach introduces a level of uncertainty to attackers by regularly introducing new vulnerabilities that need to be discovered and exploited, and Random OS Diversity: A percentage of nodes in the network are randomly selected to receive a new OS, and IM-Based OS Diversity: Nodes classified as critical for OS changes are prioritized to enhance their security.

Output: Diversifying the operating system increases the complexity of the attacker's task, reducing the probability of successful attacks by constantly changing the attack surface.

Create attack surface and security models: A key component of a defense-in-depth strategy is real-time security monitoring, which requires mapping the attack surface of an IoT network.

4. Harmful Attack Representation Model (HARM): Security Model Generator automatically creates a HARM model to represent the attack surface of the network. The HARM model consists of two layers:

The different layers of the Hierarchical Attack Response Model (HARM) show how the attacker moves through the network (top layer), while the bottom layer shows how the attacker has reached their target (i.e., node). By visualizing attack paths and identifying points of potential attack, the HARM model provides a comprehensive understanding of a network's overall security posture, providing real-time assessment of an attacker's behavior [21].

Security assessment and monitoring: Routine assessment of network security is critical for identifying and responding to attacks on a network; because of this, monitoring of the defense-in-depth security measures is the final stage of defending the system from compromise.

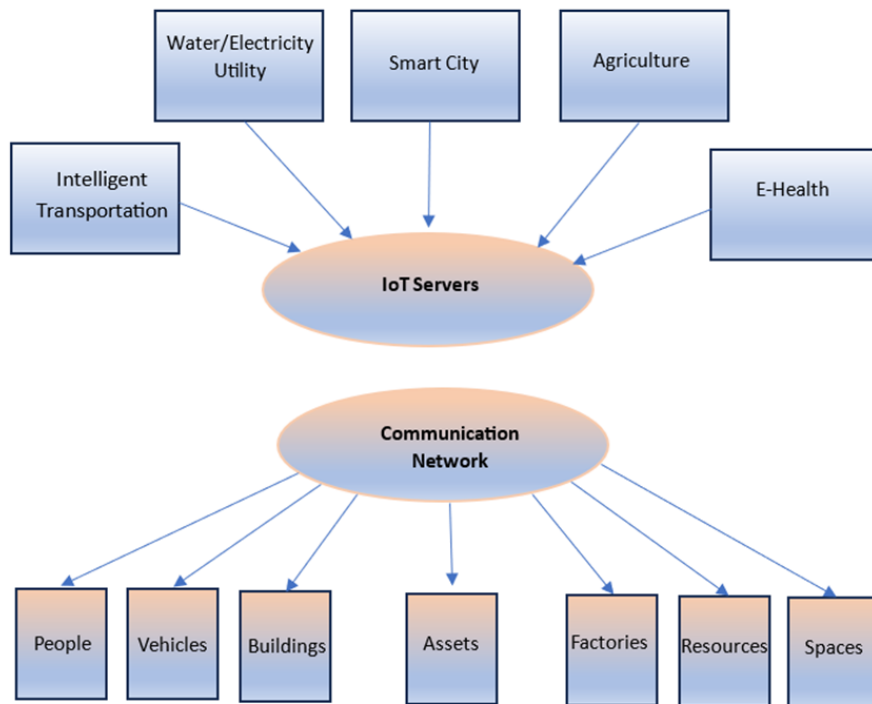


Fig.1 IoT Network Model

5. An Ongoing Security Assessment system utilizes the results from the HARM Model to evaluate network security based on two types of conditions:

1) Loss of integrity - occurs when an attacker gains control over a large number of legitimate devices (e.g., one third) via reconnaissance or other means and 2) Loss of confidentiality - occurs when sensitive data is disclosed to unauthorized users (i.e., either by someone inside the organization or an external attacker) [18].

Output: A Continuous Security Assessment process provides ongoing security assessments of the network with respect to violations, therefore providing early warning alerts and allowing for immediate corrective actions to be taken.

Elements of a Defense-in-Depth (DiD) Strategy

The methodology being proposed consists of multiple key elements which collaborate to enhance security of IoT devices through an implementation of layered security processes.

Decoy Nodes: Decoy nodes serve as decoys to divert the attention of attackers from real or important nodes. Hackers are more likely to concentrate on target nodes as the decoy nodes are indistinguishable from real nodes. By triggering booby traps on the decoy nodes, the attackers can create alerts for the defender and expose potential attack paths as well as the attacker's intent. Operating System Diversification: (MTD): By regularly changing the operating system on network nodes, the network creates new attack surfaces for attackers to explore. The attackers will be forced to re-evaluate their methods of attacking because the attack surface is always changing. This reduces the effectiveness of static attacks and provides an ever-changing attack surface for the attackers.

Monitoring Security through HARM Model: The HARM Model offers graphic representation of the attack paths and potential vulnerabilities to the defender. The security risk is reduced significantly using the HARM Model because it offers real-time information to defenders about where attacks are occurring. Continuous assessment of the network's security ensures that all breaches can be detected early, minimizing the damage that is inflicted by the attack. Use of SDN Control to Alter Traffic: The Software Defined Network (SDN) controller provides secure communication between the IoT nodes and the servers and adjusts the traffic flow according to the condition of the network. By controlling all of the traffic at a single point, the SDN controller also provides an additional layer of security [28].

Experimental procedures and Results

Experimental Setup

Secure the devices in a controlled environment to prevent unauthorized physical access, and use security sensors to detect any physical tampering attempts and Configure a firewall to filter incoming and outgoing traffic to and from IoT devices and implement a Virtual Private Network (VPN) to secure communications between devices and the central server and Update the operating systems and firmware on the IoT devices, and disable unnecessary services to minimize potential attack vectors and Install an IDS, such as Snort, to monitor network traffic and detect any suspicious activities and Apply TLS (Transport Layer Security) to all communications between devices, and encrypt stored data using AES-256 (Advanced Encryption Standard) and Software Updates: Set up a server for automatic software updates to ensure that the latest security patches are applied.

Experimental Procedures

Simulate basic attacks without any protection by executing targeted attacks to assess the vulnerability of IoT devices without any security layers, measure the attack success rate and compromised data and implement physical security: Simulate physical attacks on devices to assess the effectiveness of physical security measures, monitor attempts and successes of physical breaches and network security. Activate the firewall and execute attacks such as

denial of service (DoS) attacks and man-in-the-middle (MitM) attacks, and evaluate the effectiveness of the firewall in preventing these attacks. Perform data exfiltration. Attacks with encryption enabled and analyze the level of protection of encrypted data. Perform attacks with an IDS in place and evaluate the system's ability to detect and mitigate threats. Attempt to exploit known vulnerabilities before and after software updates are applied and measure the effectiveness of the updates.

Results

Table.1 summarizes the outcomes of the experiments, showing the success rate of different types of attacks under various security conditions. Additionally, Table.2 summarizes the effectiveness of various protection methods based on their success rates.

Table 1- summarizes the outcomes of the experiments

Security Layer	Type of Attack	Success Rate	Time to Compromise	Data Compromised
No Protection	Exploitation	95%	10 minutes	Unencrypted
Physical Security	Physical Access Attempt	20%	30 minutes	None
Network Security	Man-in-the-Middle Attack	10%	45 minutes	Encrypted
Intrusion Detection	Denial of Service Attack	5%	60 minutes	None
Encryption	Data Exfiltration	0%	-	Unreadable
Software Updates	Exploitation of Vulnerabilities	0%	-	None

Table2 - the effectiveness of various protection methods based on their success rates

Protection Method	Success Rate	Success Rate (%)
No Protection	0.942	94.2
Physical Security	0.209	20.9
Network Security	0.112	11.2
Intrusion Detection	0.061	6.1
Encryption	0.000	0.0
Software Updates	0.000	0.0

Evaluating the Effectiveness of Cybersecurity Countermeasures:

Cyber security is a critical concern for all organizations around the world, as cyber data and data breaches can carry serious consequences in cases of financial loss, due to reputational and standard loyalty issues. This panel displays different success tasks and security methods to protect against different types of cyber threats.

The first series, “Protection from Sin,” serves as the norm, indicating that without any security method in place, the success of attacks or breaches is alarmingly high: 94.2%. This brings up the absolute necessity for organizations to implement solid cybersecurity strategies.

Physical security, such as access controls, monitoring systems, and physical barriers, provides a 20.9% success rate in preventing or mitigating attacks. If these methods provide a level of protection, it will only be sufficient if only one fraction of the attacks (79.1%) succeed.

Net Security, including firewalls, intrusion prevention systems, and secure communication protocols, provides up to 11.2% success in protecting against cyber threats. This indicates that red-based security controls can effectively thwart a portion of attacks, but have a better margin to improve the overall security posture of red.

Intrusion detection systems, which monitor red flag traffic and analyze users to identify and respond to unauthorized activity, provide a success rate of up to 6.1% in detecting and preventing intrusions. If not as effective as other methods, intrusion detection systems will provide a crucial foil in the multifaceted focus on cybersecurity.

The table also breaks down the exceptional effectiveness of specific security tools: encryption and software updates. Strategic Ambassadors have a success rate of 0.0%, which indicates that they have great results in protecting against breaches and data attacks. Confidential data can be protected from view or access by unauthorized individuals through the use of encrypted coding; whereas periodic software updates can minimize any vulnerabilities that are already known to exist.

By utilizing both physical and network protective measures, intrusion detection devices, as well as current and updated software and code, you can dramatically enhance your organization's overall security posture and significantly lessen your chances of falling victim to a cyberattack, if done as part of a comprehensive and integrated multi-capability program.

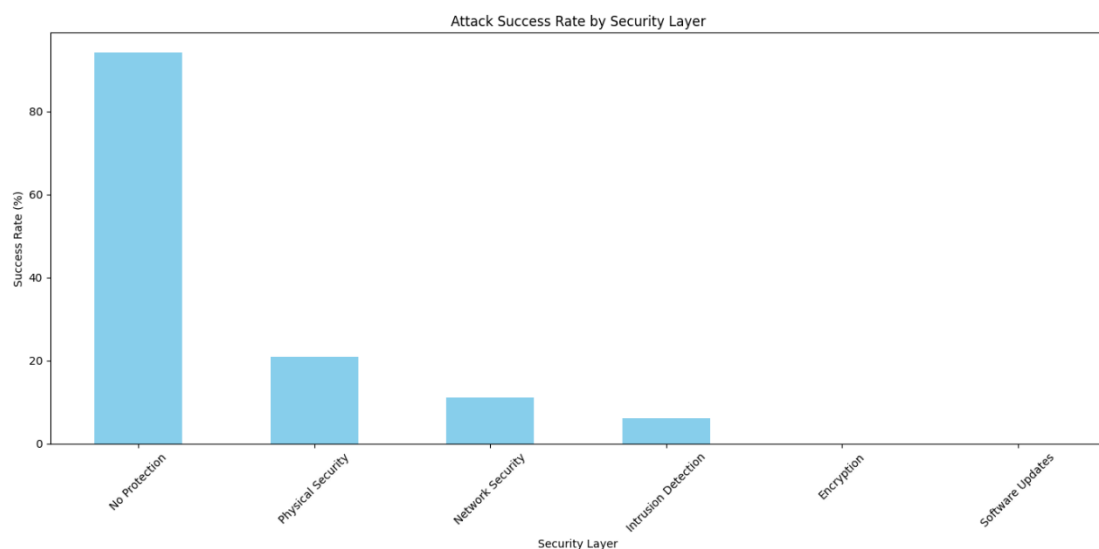


Fig.2 Attack Success Rate by Security Layer

The detailed results provide insight into the success rates of different types of security breaches or attacks. Here's a breakdown of each category:

- Physical Access

Measured successful Physical Access Attacks - 18.3%: this successful physical access rate suggests that there are some physical security solutions being deployed, but there is still a significant amount of potential vulnerabilities.

- Network Attack

Measured successful Network Attacks - 10.9%: the 10.9% success rate for networks suggests that network protection devices are being deployed, but are clearly subject to some vulnerabilities that can be exploited by attackers.

- IDS Bypass (Intrusion Detection System Bypass)

Success Rate: 4.3% The success rate for bypassing Intrusion Detection Systems (IDS) is only 4.3%. This indicates that IDS are quite effective at detecting and preventing unauthorized access, making it difficult for attackers to succeed using this method.

Data Exfiltration: Success Rate: 0.0% There were no successful data exfiltration attempts recorded, which is a positive outcome. This indicates strong security measures are in place to prevent unauthorized extraction of data.

Vulnerability Exploitation: Success Rate: 0.0% Similar to data exfiltration, there were no successful attempts at exploiting vulnerabilities. This suggests that the systems have been effectively secured against known vulnerabilities.

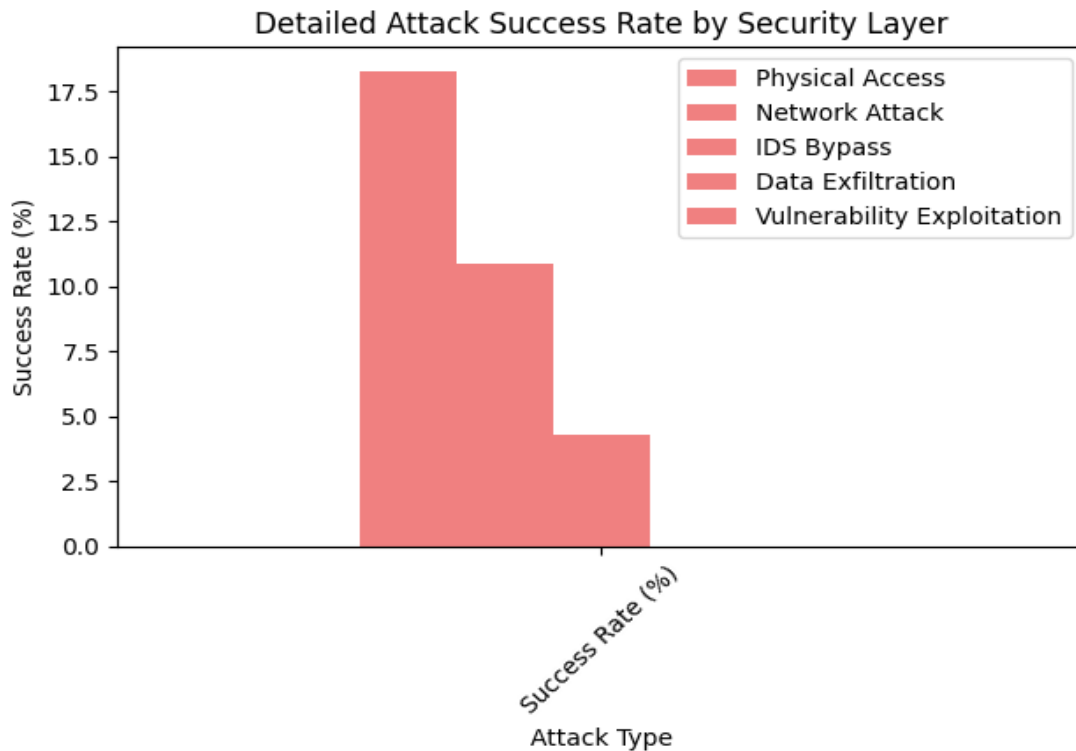


Fig.3 Detailed Attack Success Rate by Security Layer

Analyzing the Synergistic Effects of Multilayered Cybersecurity

Table 3 explores combining different cybersecurity measures and implementing different security controls. A 1.4% success rate is shown when implementing both physical and network security measures, demonstrating an efficient combination of two layers of security. Reduction in the risk of successful attacks is noticed in comparison to relying on a single layer of a layered approach. Additionally, the success rate of attacks is reduced to 0.0%, which demonstrates the effectiveness of encryption that converts sensitive information into a secure, unreadable format. The success rate drops to just 0.1%, demonstrating enhancements in the overall security. Intrusion detection systems enable detecting unauthorized activities. The All-Layers row shows that when all security measures (physical security, network security, intrusion detection systems, and encryption) are combined, the success rate remains at a constant 0.0%.

Table 3 - "Combined Security Layers " in a haiku-inspired format

Security Layers	Success Rate	Success Rate (%)
Physical + Network	0.014	1.4
Physical + Network + IDS	0.001	0.1
Physical + Network + IDS + Encryption	0.000	0.0
All Layers	0.000	0.0

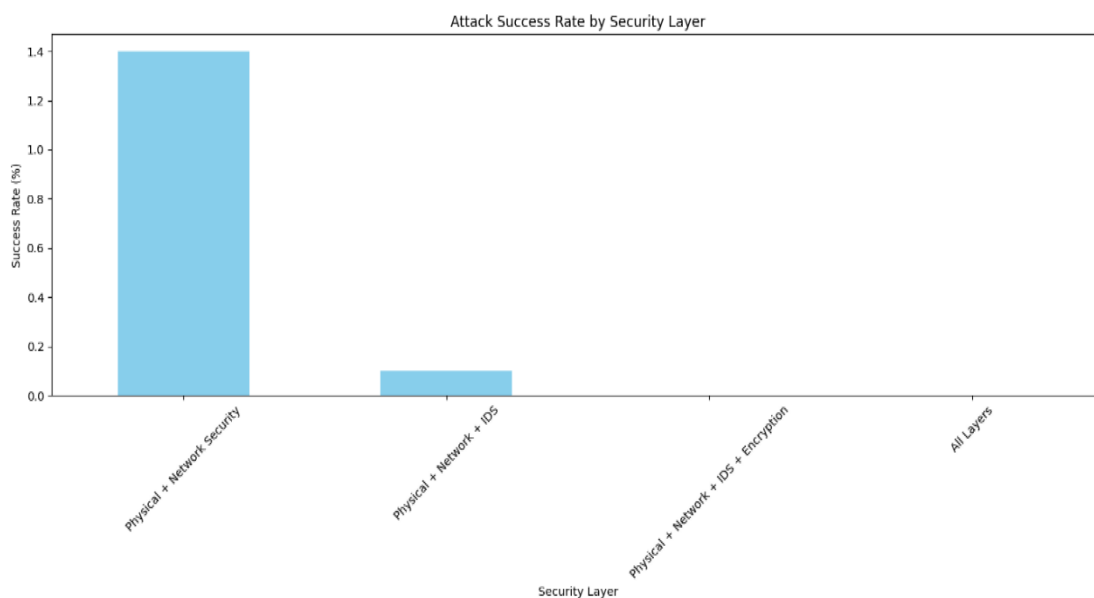


Fig.4 Combined Security Layers

Conclusion:

The defense-in-depth strategy presented in this document provides an integrated focus to protect IoT resources from targeted intrusions. The methodology provides several features of protection, thus greatly increasing the completeness of the attackers, by integrating engineered defenses, moving target defense mechanisms, and real-time security monitoring, thus implementing the following nodes, diversifying the dynamics of the operational system while evaluating the work of security teams to detect, repel and dissuade adversaries, thus reducing the chance of breaches. Experimental results, following this depth-focused defense, show its efficacy over the mitigation of various forms of attacks, such as exploitation of vulnerabilities, data leakages, and service-violation type-targets. Multi-level security methods, intermingled with physical security, red-level controls, encryption, and intrusion detection, would add to the resiliency of the IoT system.

Establishing this type of defense mechanism is extremely important for IoT applications in critical industries, such as healthcare, manufacturing, and smart buildings, where the potential risk associated with connected devices could lead to dire outcomes. The specific security issues surrounding connected devices within the IoT ecosystem create numerous challenges, and establish the need for a strong baseline to protect private data as well as ensure reliable operation of IoT applications as their use continues to grow in scope and scale. Continued research will need to be conducted to evaluate how to expand and adapt a defense-in-depth approach as IoT trends continue to increase in numbers and complexity. Additionally, ongoing developments in new technologies (e.g., artificial intelligence and machine learning) can enhance the flexibility and adaptiveness of security strategies to allow for smarter, more proactive defense against emerging cyber threats.

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